

Well FED Lesson #1: Week of January 20th

Lesson 1: “I Am”

Scripture: Exodus 3:1-15, Exodus 6:2-8, John 18:1-9

Topic: Eternal nature, self-sufficiency and dominion over all things.

Questions:

1. What was Moses’ reaction to God?
2. How does God describe himself?
3. Why did the soldiers retreat?
4. What has happened leading up the passage(s)? Who is speaking? To whom is the speaker talking? (Exodus Verses)
5. Why did His statement in verse 58 cause such a violent response? (John 8:48-59)
6. What is the scene? (John 18:4-6)
7. What happened when Jesus used the words, “I am....”? (John 18:4-6)
8. Does anything in this passage explain why the soldiers fell backwards in John 18:5? What other conclusions can you make about Who Jesus is?

Application/Review:

1. Who was the “I Am” statement said to?
2. When was the “I Am” statement said?
3. Where was the “I Am” statement said?
4. What does the “I Am” statement mean?
5. Why was/is the “I Am” statement needed?
6. How has this “I Am” statement been impactful to you or can be impactful to the world?

Well FED Lesson #2: Week of January 27th

Lesson 2: “I Am the Bread of Life”

Scripture: Exodus 16 and John 6

Topic: He is our Sustenance

Questions:

1. Why did Jesus test his disciples first?
2. Why did Jesus leave in verse 15?
3. Why bread for comparison and not meat or another food?
4. Skim back through earlier chapters. What significant events have taken place?
5. What is the immediate setting for this passage?
6. What happened the day before Jesus spoke to say, “I am the bread of life?” What happened the night before?
7. Where was Jesus when He spoke these words? Is there any clue what prompted Him to speak the way He did?
8. How was Jesus’ declaration received? Believed/disbelieved? Understood/misunderstood?
9. What does it mean for Jesus to say, “I am the Bread of Life?” Does this apply to us today? Why, or why not?

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Well FED Lesson #3: Week of February 3rd

Lesson 3: “I Am the Light of the World”

Scripture: Isaiah 9:1-2, 6-7, Isaiah 60:1-3, Matthew 5:14-16, John 8, John 9

Topic: He is our Guide

Questions:

1. Define testimony and testify.
2. How does Jesus reply to Pharisees?
3. How does your eye change after being exposed to light?
4. These passages would likely be familiar to Jewish people during Jesus’ day. What do they say about “light”? (Isaiah)
5. What events took place in the past couple of chapters?
6. What dispute was going on regarding Galilee? What questions were raised about Who Jesus might be? (Compare to Isaiah 9:1)
7. How was Jesus’ statement received? Believed/disbelieved? Understood/misunderstood?
8. Who were just beginning to learn Who Jesus was?
9. How do we interpret Jesus’ statement today? Does it apply in any way to us now? Or was it for those

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Well FED Lesson #4: Week of February 10th

Lesson 4: “I Am the door/gate” “I Am the good shepherd”

Scripture: Jeremiah 23:1-4, Ezekiel 34:1-31, Psalm 23 and John 10

Topic: He is our Companion

Questions:

1. What was reaction after hearing Jesus
2. Why are shepherds needed?
3. What are the expectations of a shepherd? Who are the “shepherds” and the “sheep” in these passages? (Jeremiah and Ezekiel)
4. Describe the on-going conversations Jesus had with the Jews in chapter 8 and the miracle He performed in chapter 9.
5. To whom was Jesus speaking in chapter 10?
6. How were His words received? Believed/disbelieved? Understood/misunderstood?
7. Reflect on Psalm 23. How does this psalm relate to Jesus’ statement in this lesson?

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Well FED Lesson #5: Week of February 17th

Lesson 5: “I Am the Resurrection and the Life”

Scripture: Deuteronomy 30:11-20, Psalm 49:7-15, Isaiah 53:5, 10-11, John 11

Topic: He is our Savior

Questions:

1. What is permanent in this world?
2. What is permanent in this reading?
3. How did Jesus react to their tears?
4. What did the Old Testament teach about choices leading to life? About the value of one life over another? About the coming “Servant” role in our lives?
5. What is the setting for this passage? What major event takes place?
6. Relate Jesus’ words in John 11:25 to His actions.
7. Since people die, was Jesus’ action limited to this event? Read I Corinthians 15:12-58 as you think about what He meant by saying, “I am the Resurrection and the Life.”
8. Think about the implications of resurrection and new life from C.P. Jones words:

*I once was a self-banished soul from the Lord and wandered to death in my flight
Till Jesus o’ertook me, all sinsick and sore, and ventured to make it all right.
It cost Him a life of abasement so sad, and many a prayer-laden night,
It cost Him a death of great anguish and pain, but now He has made it all right.*

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Well FED Lesson #6: Week of February 24th

Lesson 6: “I Am the Way, the Truth and the Life

Scripture: Isaiah 35:6-10, John 13 and John 14

Topic: He is our Goal/Target

Questions:

1. Difference between “A” and “the”? For example...I have “A” job vs I have “THE” job.
2. How would you reply to someone who asks, “With so many religions, which is right?”
3. What event was the setting for this passage? List any important occurrences that took place.
4. What promise did Jesus make to the disciples in John 14:1-4? What do you think Thomas understood about what Jesus was saying?
5. Do you think that the statements about being the Gate and being the Life are being repeated in this chapter, or is this a new statement of Who Jesus is?
6. Read John 1:14-17. How does this help explain what Jesus meant by saying He is the Truth?
7. How do or would you respond to those who say they have “their own truth?”

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Well FED Lesson #7: Week of March 3rd

Lesson 7: “I Am the True Vine”

Scripture: Psalm 80:8-9, Isaiah 5:1-7, Galatians 5:22-23 and John 15

Topic: He is the only True God

Questions:

1. What does a vine do?
2. Where does fruit come from?
3. What are the Fruit of the spirit?
4. What is the scene in which this passage takes place?
5. What word(s) are repeated over and over in 15:2-17.
6. What is the nature of a vine in a natural sense? What is the nature of the “vine” in a spiritual sense?
7. Considering the circumstances, why was it important for Jesus to give His disciples this teaching at this time?
8. Read verses John 15:1-17 in several translations. Which is clearest to you as you attempt to experience all that God has in store for you as the “True Vine?”

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